TONIC

Finding Euphoria

Book, Music & Lyrics by Richard Ehrlich
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Based on the GoYou! Book Series

Running Time: 80 minutes — No Intermission

SYNOPSIS

TONIC: *Finding Euphoria* is a theatrical experience unlike traditional musicals. There's no plot. No fictional characters. No intermission. Instead, it's an 80-minute emotional journey that moves from the noise of modern anxiety toward something quieter and more hopeful.

Two narrators, known simply as The Voices (one male, one female), guide the audience through an internal exploration. They speak directly to us, moving between conversations and songs that blend contemporary pop, soul, and gospel. Together, they address the doubts we carry, the expectations we've internalized, and the steady inner frequency—the "tonic note"—that's been there all along.

An ensemble of 6 performers gives voice to universal struggles through eight original songs. "The Static" captures the comedy of our anxious minds. "What We Carry" offers raw catharsis as performers share the weight they've been holding. "If You Were My Friend" explores why we're kinder to others than to ourselves. "Before the World Told You" remembers who we were before we learned to judge ourselves.

Each song brings the audience closer to a realization: peace isn't something distant to achieve. It's already here. It's been waiting.

"Euphoria" celebrates this discovery with gospel-soul that builds from tender intimacy to joyful celebration, then the show concludes with "I Choose Me," an empowerment anthem where the audience watches this peace transform into commitment—the decision to live from this place every day.

TONIC is a reminder set to music. Beneath all the noise, every heart knows its own song.